



# 1st Annual "ROCKS" 5K Run or Walk



In Loving Memory of Linda McGalliard

## ***Come out & Support the Lady Shamrocks Basketball Team***

**Event: Saturday December 8th, 2018**

Check In/ Register Day of Event: 8:00am-9:00am Race Starts at 9:00am  
Course: 5k & 1 mile course will be set up at Yuma Catholic High School

**Registration:** Online at <http://www.yumacatholic.org/athletics/basketball.cfm>

or with a Lady Rock or contact Bobby McGalliard  
E-mail [bmcgalliard@yumacatholic.org](mailto:bmcgalliard@yumacatholic.org) or call (928)246-1419

Cost: 10 and under: FREE (no t-shirt)    11– 18 \$10.00    18 and over \$20.00

**Medals will be given to 1st, 2nd & 3rd place winners in their age division**

Waiver of Liability: In consideration of my entry being accepted, I, for myself, and anyone entitled to act on my behalf, waive and release all claims or liabilities of any kind arising out of my participation in this event and shall indemnify, defend and hold harmless Yuma Catholic, all officials, sponsors, and organizations connected with Yuma Catholic 5k run/walk for any damage personal or otherwise, injury or illness that may directly or indirectly occur as a result of this event, I acknowledge I am sufficiently trained to participate in this event. This is not a closed course and covers multiple running services and transitions over uneven ground that may contain hazards. **Yuma Catholic, nor anyone affiliated therewith, shall be responsible for the condition of the course.**

### **Rock 5K Run / Walk Entry Form Support YC Lady Basketball Team**

Print Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Signature: \_\_\_\_\_ Date \_\_\_\_\_

T-Shirt Size: ADULT (CIRCLE ONE)    S    M    L    XL    2XL

### **Sponsorship Opportunity**

We are looking for sponsors to assist with operational costs for the Rock Trot. Businesses may donate \$200 or more and their business logo will be printed on the race t-shirt. Individuals may donate \$50 or more and have their family name printed on the race t-shirt. Please fill out the form below and submit with your payment. Checks made payable to YC Girls Basketball

**Sponsor/Business Name:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**T-Shirts Are ONLY Guaranteed If you're REGISTERED BEFORE Friday November 16th 2018**

You may sign up day of event on December 8th (t-shirts available while supplies last)